

We16-30 Writing Up and Dissemination

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What are we trying to achieve?

- Explicit description of Review Methods
- Transparent presentation of Data
- Trustworthiness of Authors' Analysis and Conclusions
- Starting Point for Reader's Own Observations

What is required?

- Conformity to Published Reporting Standards (e.g. PRISMA, formerly QUOROM)
- Use of Good Practice in Presentation (e.g. STARLITE for literature searches)
- Imaginative and Thought-Provoking Data Display

PRISMA

- **P**referred **R**eporting **I**tems for **S**ystematic Reviews and **M**eta-**A**nalyses.
- Minimum set of items for reporting systematic reviews and meta-analyses.
- Aim of PRISMA Statement: to help authors improve reporting of systematic reviews and meta-analyses.
- Focus on randomized trials, but PRISMA also basis for reporting systematic reviews of other types of research, particularly evaluations of interventions.
- May be useful for critical appraisal of published systematic reviews (not quality assessment instrument to gauge quality of a systematic review).

PRISMA Statement

- 27-item checklist and four-phase flow diagram.
- Evolving subject to periodic change as new evidence emerges.
- Update and expansion of now-out dated QUOROM Statement.
- Website (<http://www.prisma-statement.org/>) contains current definitive version of PRISMA Statement.

27-item Checklist (Items 1 & 2)

- 1. Title:** Identify report as systematic review [meta-analysis, or both] (*? Qualitative Systematic Review/ Qualitative Meta-Synthesis/ Qualitative Evidence Synthesis?*)
- 2. Abstract:** Provide structured summary including, as applicable: background; objectives; data sources; study eligibility criteria, participants, and interventions; study appraisal and synthesis methods; results; limitations; conclusions and implications of key findings; systematic review registration number.

27-item Checklist – Items 3 & 4

INTRODUCTION		
Rationale	3	Describe rationale for review in context of what is already known.
Objectives	4	Provide explicit statement of questions being addressed with reference to participants, interventions, comparisons, outcomes, and study design (PICOS). <i>(?SPICE?)</i>

27-Item Checklist (Items 5-8, Methods)

Protocol & registration	5	Indicate if review protocol exists , if and where it can be accessed (e.g., Web address), etc.
Eligibility criteria	6	Specify study characteristics (e.g., PICOS, length of follow-up) and report characteristics (e.g., years considered, language, publication status) used as criteria for eligibility, giving rationale.
Information sources	7	Describe all information sources (e.g., databases with dates, contact with authors to identify additional studies) in search and date last searched.
Search	8	Present full electronic search strategy for at least one database , including any limits used, such that it could be repeated.

27-item Checklist (Items 9-12, Methods)

Study selection	9	State process for selecting studies (i.e., screening, eligibility, included in systematic review).
Data collection process	10	Describe method of data extraction from reports and any processes for obtaining and confirming data from investigators.
Data items	11	List and define all variables (<i>?subject data/author data?/substantiated?</i>) for which data were sought and assumptions and simplifications made.
Risk of bias in individual studies	12	Describe methods used for assessing risk of bias of individual studies (<i>?Reflexivity?</i>)

27-item Checklist

Summary measures	13	State the principal summary measures (e.g., risk ratio, difference in means).
Synthesis of results	14	Describe the methods of handling data and combining results of studies , if done, including measures of consistency (e.g., I^2) for each meta-analysis.

Analysis

Section/ topic	#	Checklist item
Risk of bias across studies	15	Specify any assessment of risk of bias that may affect the cumulative evidence (e.g., publication bias, selective reporting within studies).
Additional analyses	16	Describe methods of additional analyses (e.g., sensitivity or subgroup analyses , meta-regression), if done, indicating which were pre-specified.

27-item Checklist (Items 17-20, Results)

Study selection	17	Numbers of studies screened , assessed for eligibility, and included in review, with reasons for exclusions at each stage, ideally with flow diagram .
Study characteristics	18	For each study, present characteristics for which data were extracted and provide citations.
Risk of bias within studies	19	Present data on risk of bias of each study.
Results of individual studies	20	For all outcomes considered provide: (a) summary data (b) effect estimates and confidence intervals , ideally with a forest plot.

27-item Checklist (Items 21-23, Results)

Synthesis of results	21	Present results of each meta-analysis done, including confidence intervals and measures of consistency. (<i>?reciprocal translation, line-of-argument synthesis?</i>)
Risk of bias across studies	22	Present results of any assessment of risk of bias across studies .
Additional analysis	23	Give results of additional analyses , if done (<i>?Disconfirming case analysis?</i>)

27-item Checklist (Items 24-26, Results)

Summary of evidence	24	Summarize main findings including strength of evidence for each main outcome (?theme?); consider relevance to key groups (e.g., healthcare providers, users, and policy makers).
Limitations	25	Discuss limitations at study and outcome (?theme?) level and at review-level (e.g., incomplete retrieval of identified research, reporting bias).
Conclusions	26	Provide a general interpretation of results in context of other evidence , and implications for future research

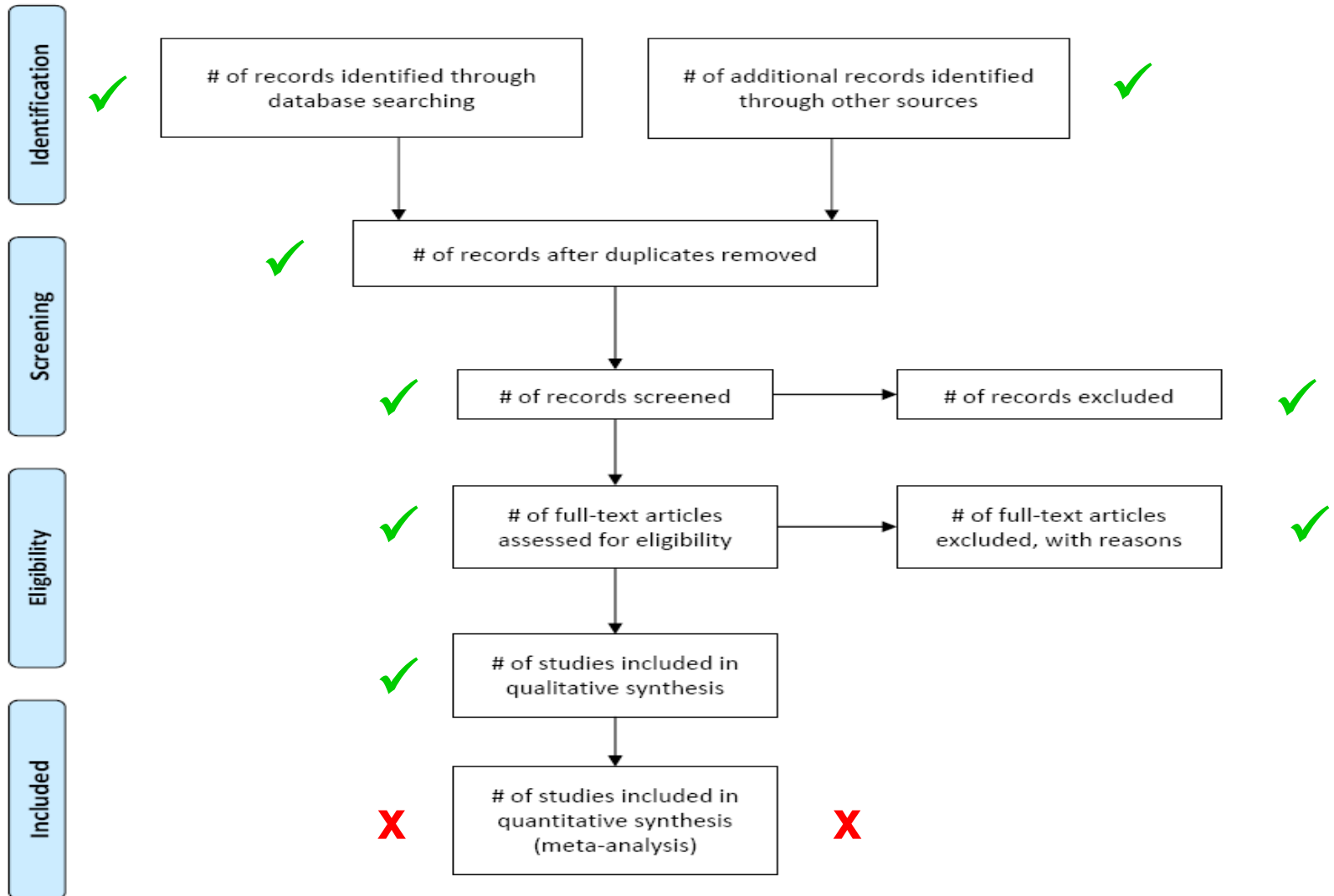
27-item Checklist (Item 27, Funding)

Funding	27	Describe sources of funding for the systematic review and other support (e.g., supply of data); role of funders for the systematic review.
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Four-phase Flow Diagram



PRISMA 2009 Flow Diagram



PRISMA – Explanation & Elaboration

- **PRISMA Explanation and Elaboration document**
(<http://www.plosmedicine.org/article/info:doi/10.1371/journal.pmed.1000100>) explains and illustrates principles underlying PRISMA Statement.
- Used in conjunction with PRISMA Statement.
- Part of broader effort, to improve reporting of different types of health research, and in turn to improve quality of research used in healthcare decision-making – EQUATOR Network

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Welcome to the EQUATOR Network website – the resource centre for good reporting of health research studies



Too often, good research evidence is undermined by poor quality reporting.

The EQUATOR Network is an international initiative that seeks to improve reliability of medical research literature by promoting transparent and accurate reporting of research studies.

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Highlights

EQUATOR Network at the Peer Review Congress 2009
9 September, Vancouver, Canada
[Workshop](#) for editors and 2nd [Annual Lecture](#) presented by Dr Richard Horton, The Lancet

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PRISMA Statement now published
New guidance, superseding the existing QUOROM Statement, for reporting systematic reviews and meta-analyses is now

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Systematic reviews and meta-analysis

Qualitative research

Economic evaluations

Guidance for reporting specific sections of research reports

Reporting guidance provided for:	Name of guideline website (where available)	References including PMID
Literature searches	STARLITE	Booth A. "Brimful of STARLITE": toward standards for reporting literature searches. J Med Libr Assoc 2006; 94(4):421-9, e205. PMID: 17082834
Figures, Graphs		Pocock SJ, Trivison TG, Wruck LM. Figures in clinical trial reports: current practice & scope for improvement. Trials 2007; 8:36. PMID: 18021449
		Puhan MA, ter RG, Eichler K, Steurer J, Bachmann LM. More medical journals should inform their contributors about three key principles of graph construction. J Clin Epidemiol 2006 Oct;59(10):1017-22. PMID: 16980140
Bayesian analyses of health care evaluations	BayesWatch	Spiegelhalter DJ, Myles JP, Jones DR, Abrams KR. Bayesian methods in health technology assessment: a review. Health Technol Assess 2000; 4(38):1-130.

What is STARLITE?

- STARLITE - proposal for a framework for reporting the literature searching in systematic reviews and health technology assessments
- An acronym – **STA**ndards for **R**eporting **LITE**rature searches
- But also a mnemonic.....

STARLITE

S - Sampling Strategy

T - Type of Studies

A - Approaches

R - Range of Years (Start Date-End Date)

L - Limits

I - Inclusion and Exclusions

T - Terms Used

E - Electronic Sources

http://www.ce.mahidol.ac.th/multi-media/download/sp/sp202.pdf - Windows Internet Explorer

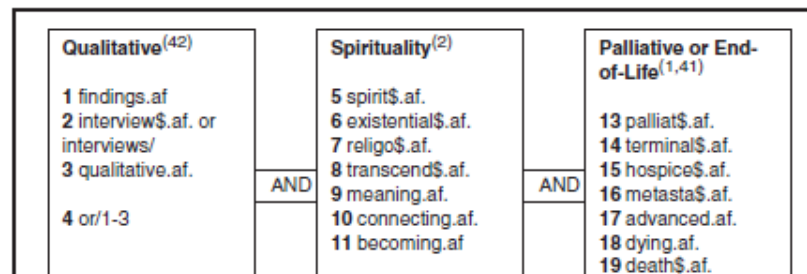
http://www.ce.mahidol.ac.th/multi-media/download/sp/sp202.pdf

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Table 1. STARLITE summary of the search strategy⁴²

S: Sampling strategy	Comprehensive: attempts to identify all relevant published peer-reviewed articles on the topic
T: Type of study	Any qualitative study (includes ethnographic, grounded theory, etc)
A: Approaches	Electronic searching and reference searches of included studies
R: Range of years	From beginning of each database to March 2009
L: Limits	English, human, adult
I: Inclusion/exclusion	Please see information below
T: Terms used	Please see Figure 2
E: Electronic sources: database [Search platform]	<ul style="list-style-type: none"> • Allied and Complementary Medicine (AMED) • EMBASE • MEDLINE • PsycINFO • ASSIA [Cambridge Scientific Abstract] • CINAHL [EBSCO] • Social Sciences Citation Index [Web of Knowledge]

Edwards A, Pang N, Shiu V, Chan C. The understanding of spirituality and the potential role of spiritual care in end-of-life and palliative care: a meta-study of qualitative research. *Palliat Med.* 2010 Dec;24(8):753-70.



Why is STARLITE needed?

- No standard for reporting of literature searching
- Considerable variation in practice
- Decisions taken in searching impact on final review
- Poor searching introduces possibility of publication bias
- Several unilateral attempts to define best practice
- Existing best practice based on effectiveness reviews/HTAs
- PRISMA has very little detail relating to literature searching

Why is STARLITE needed?

Eligibility criteria	6	Specify study characteristics (e.g., PICOS, length of follow-up) and report characteristics (e.g., years considered, language, publication status) used as criteria for eligibility, giving rationale.
Information sources	7	Describe all information sources (e.g., databases with dates of coverage, contact with study authors to identify additional studies) in the search and date last searched.
Search	8	Present full electronic search strategy for at least one database, including any limits used, such that it could be repeated.

PRISMA items relating to literature searching

What is STARLITE not?

- Not yet full standard – “Towards” – needs tighter specification of data elements and formats
- Not yet consensual framework – Phase 1 was “literary warrant”, now requires Phase 2 “user warrant” and endorsement.

Good Practice?

Four purposes for data presentation

- **Formative** – to aid conduct of review and insights from findings
- **Summative** – as an output from the review process
- **Integrative** – bringing together quantitative and qualitative elements (*Covered in Previous Session*)
- **Audit** – to increase confidence in robustness

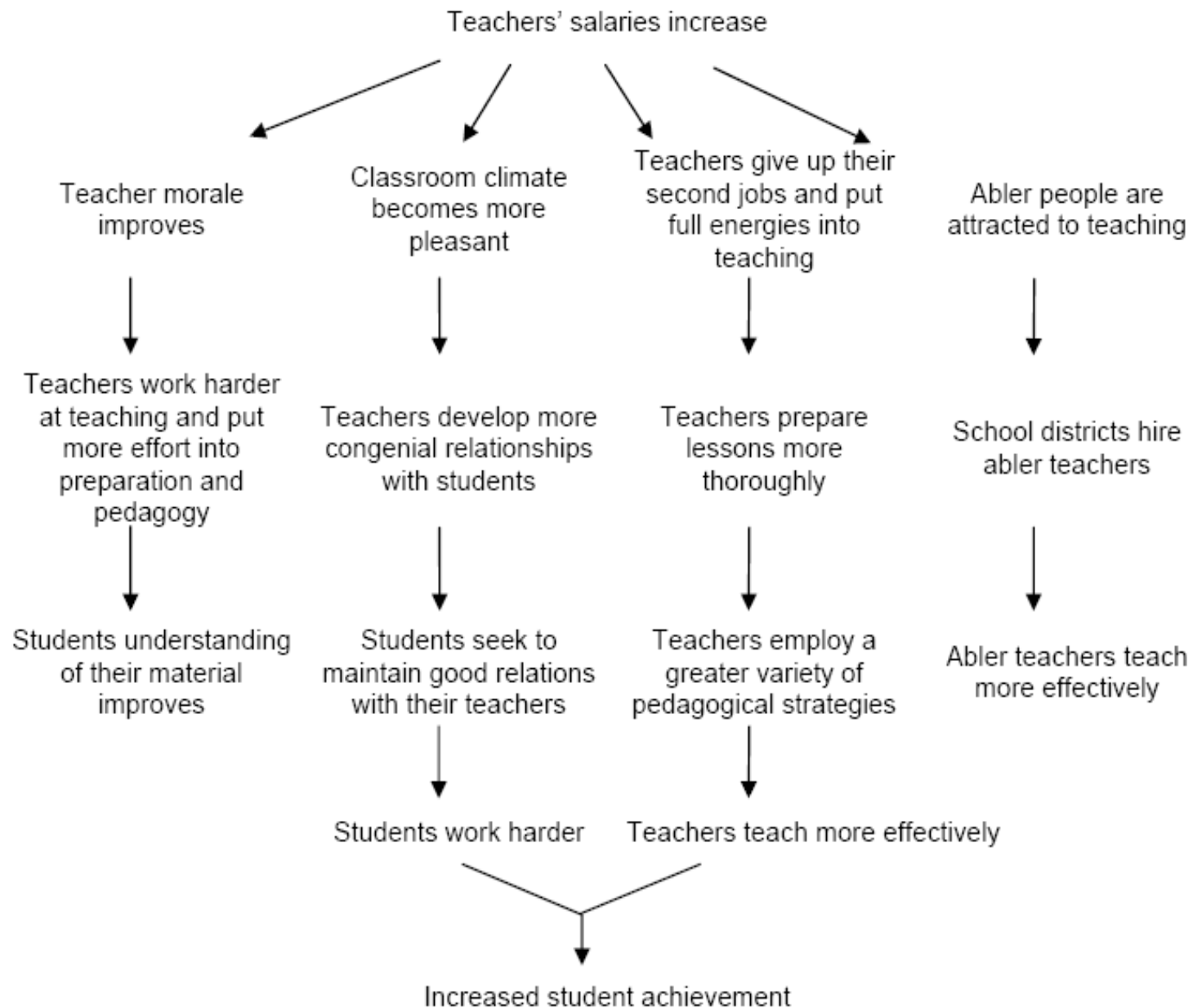


Figure 3. Example of a Programme Theory model: mechanisms by which higher teachers' pay may be linked to increased student achievement (from Weiss, 1998)

Figure 9. Examples of idea webbing

a)

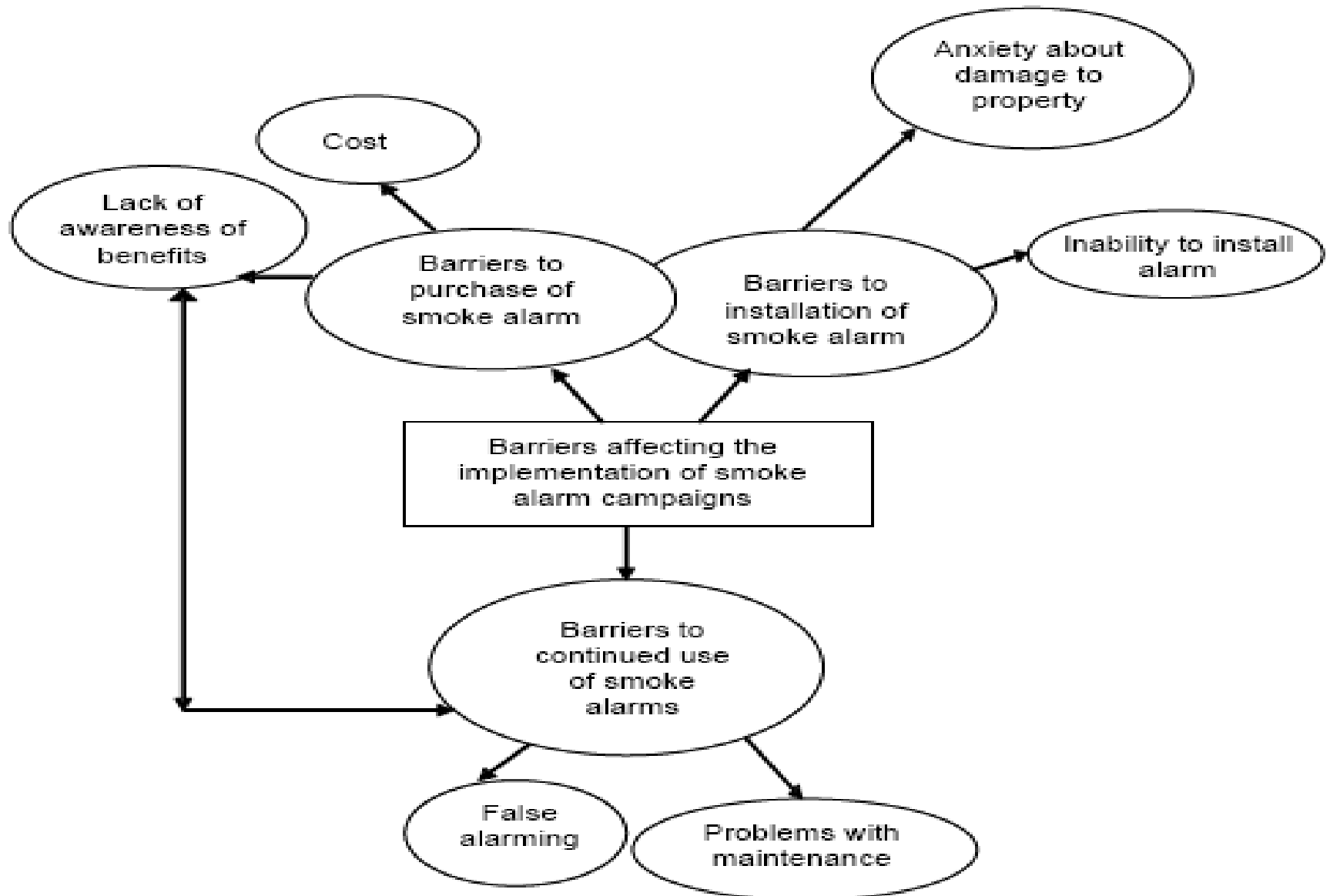
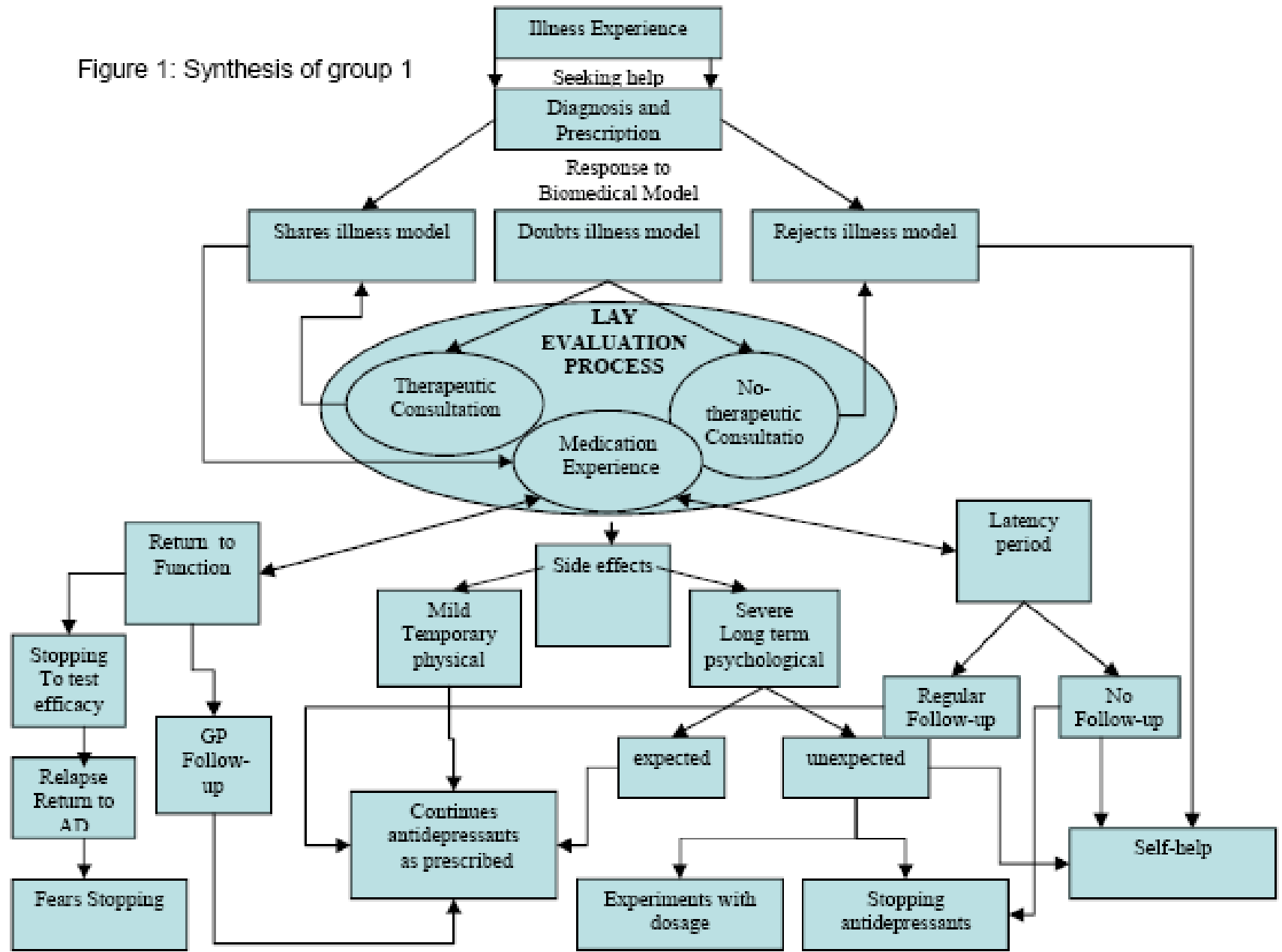


Figure 1: Synthesis of group 1



Show all 42 items

Insert | Select code | Insert comment | Delete | Undo | Redo | Zoom in | Zoom out | Fit

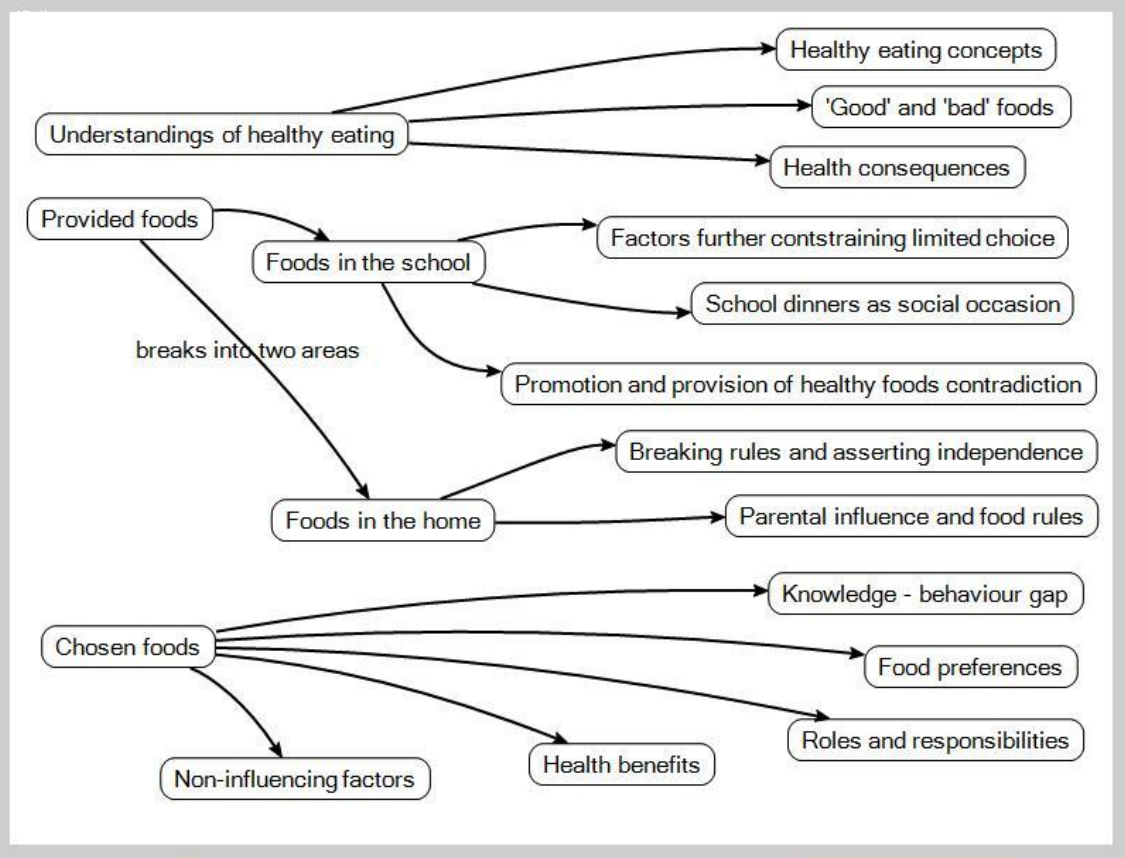


Diagram name Healthy eating descriptive codes

Save diagram

Synthesis 2:

Thematic analysis

1) Children don't see it as their role to be interested in health.

2) Children do not see future health consequences as personally relevant or credible.

3) Fruit, vegetables and confectionary have very different meanings for children.

4) Children actively seek ways to exercise their own choices with regard to foods.

5) Children value eating as a social occasion.

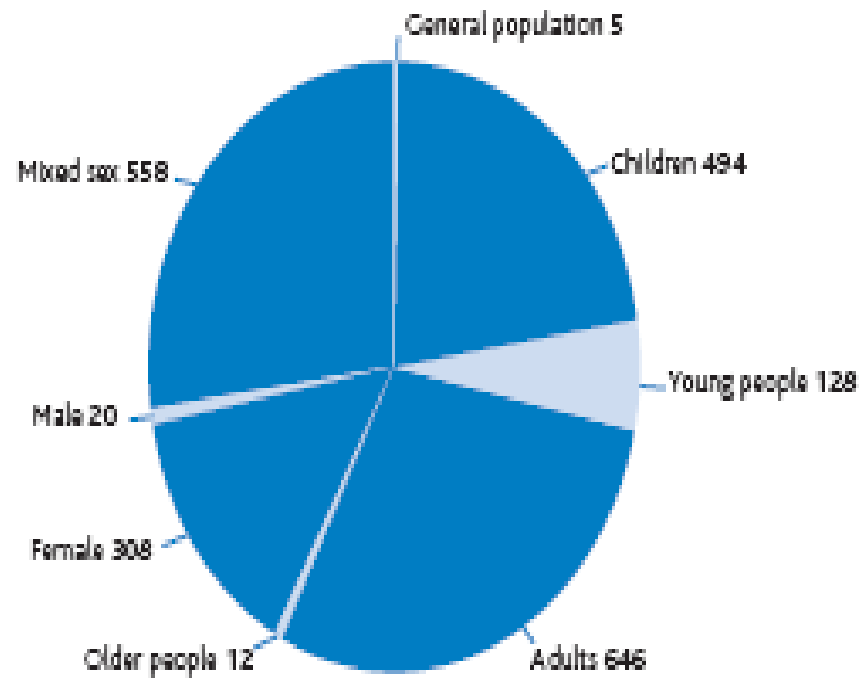
6) Children recognise contradiction between what is promoted and what is provided.

Children consider taste, not health, to be a key influence on their food choice

Food labelled as healthy may lead children to reject them ('I don't like it so it must be healthy')

Buying healthy foods not seen as a legitimate use of their pocket money

Figure 5
Population breakdown in map



Note: Categories not mutually exclusive.

Kane et al
2007

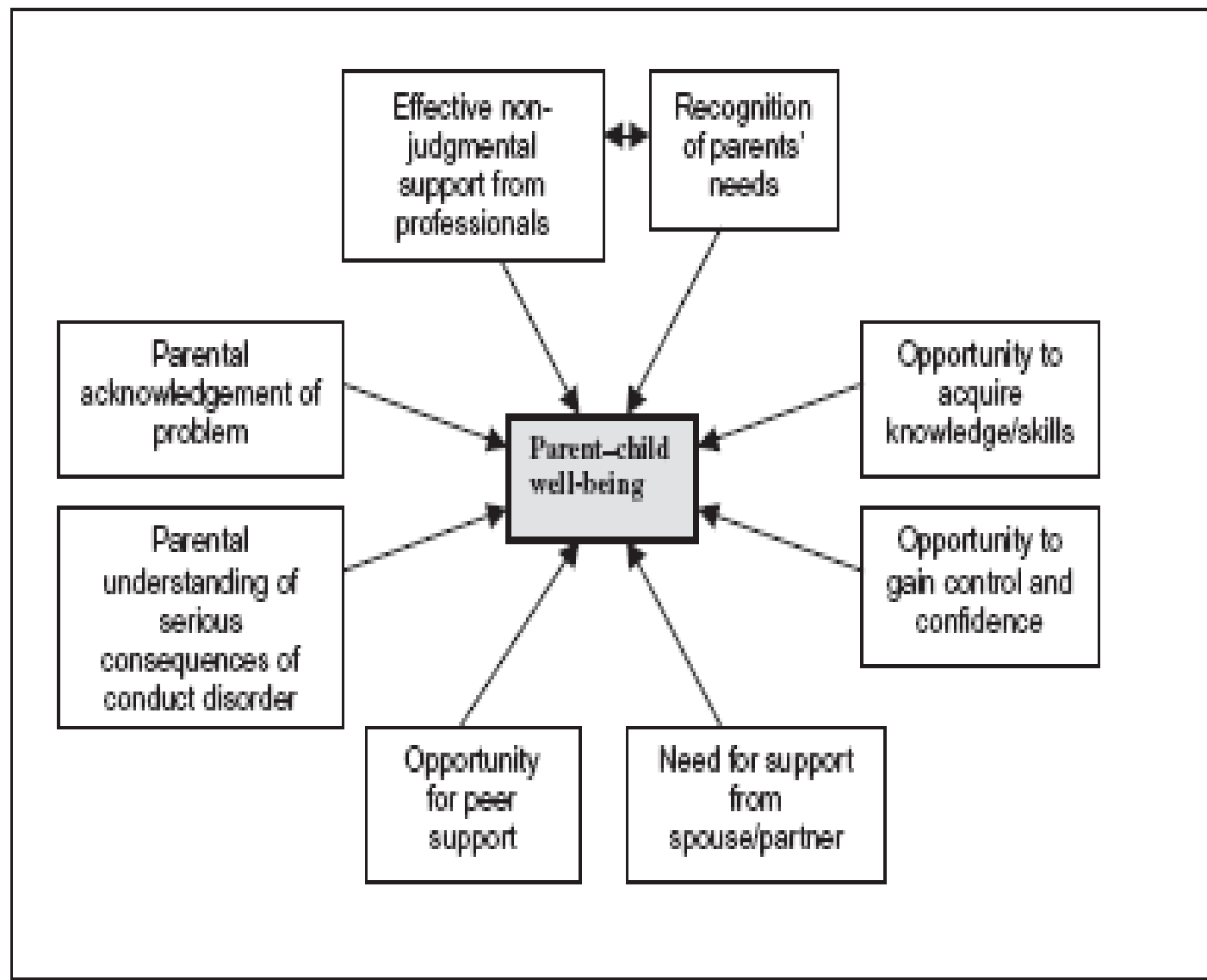


Figure 1. Line-of-argument synthesis: addressing parents' needs and promoting parent-child well-being.

DESPAIR

- Downward sub-process of despair refers to the destructive path of giving in to hopelessness

- Upward sub-process of despair refers to the constructive path leading towards hope



CATEGORIES

- Stopping and being stuck in the situation (III)
- Losing grip and sinking into a narrowing existence (II,V,VI)
- Focusing on impossibilities (IV)
- Losing future perspective (II)
- Questioning the possibility of hope (II)



CATEGORIES

- Fighting against sinking (VI)
- Fighting to rise up with a glimmer of hope (III, V)



SUBCATEGORIES

- Experiencing distressing and stagnant inability (II-V) including panic (VI)
- Living in exhaustive agony (II)
- Being captive (II)
- Experiencing lack of alternatives, means and resources (III, V)
- Being stagnant (V)
- Being alone (V)
- Sinking down into narrowed existence (III) described as going down (II) and being unable to take hold of anything (VI),
- A narrowing of the future towards the end (V) such as the narrowing of life (V), non-existence of positive factors upon which to build a future life (V), concealed dreams (V), future life having nothing to offer (V), approaching the end (V), existence of nothing after the end (V), having no grounds for life (V), and indifference in giving up and losing (III, IV) as well as acting destructively (VI)



SUBCATEGORIES

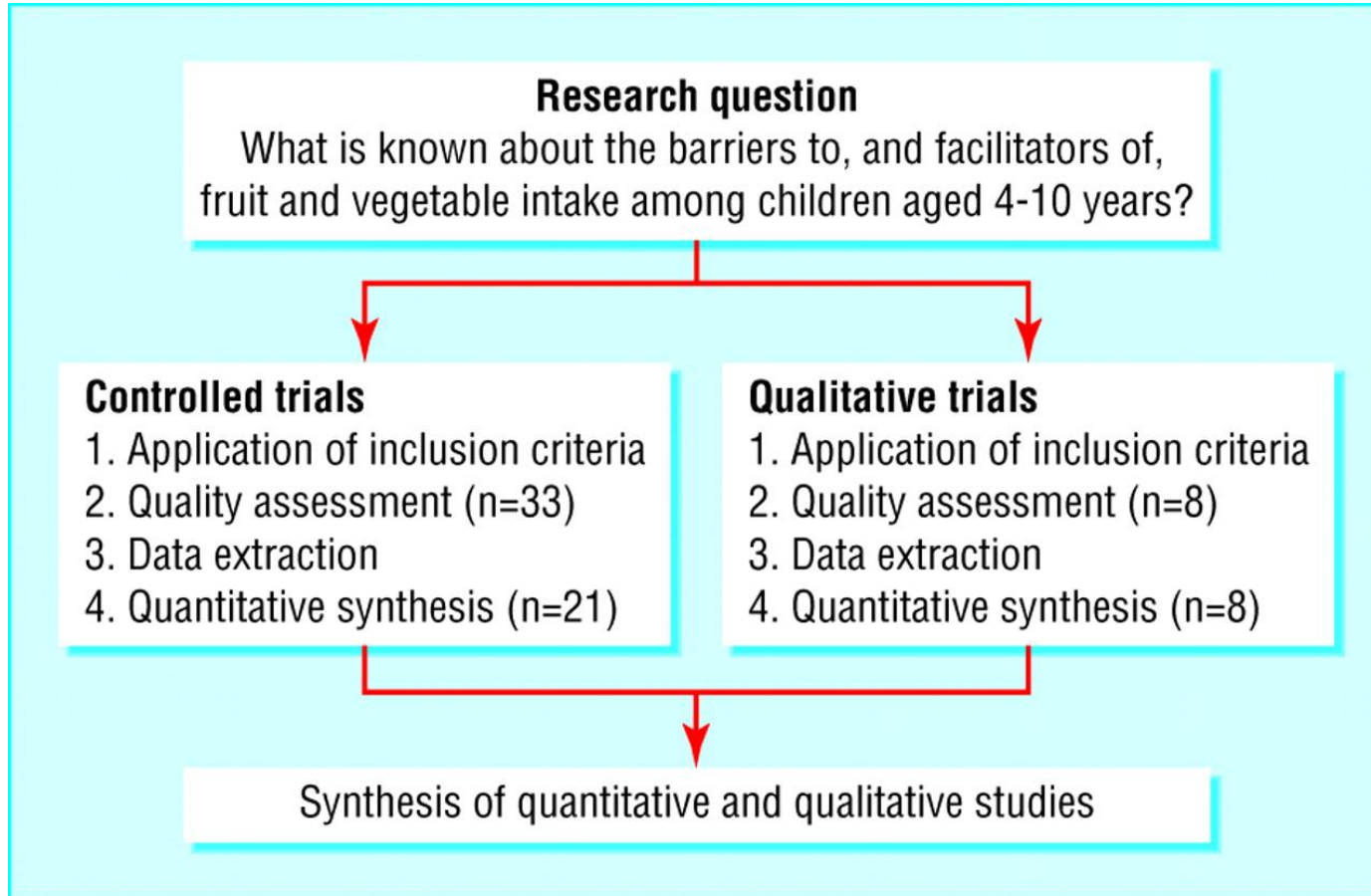
- Understanding the situation (V)
- Fighting back constructively against sinking (V, VI)
- Rising up towards hope (V)

Audit - Transparency

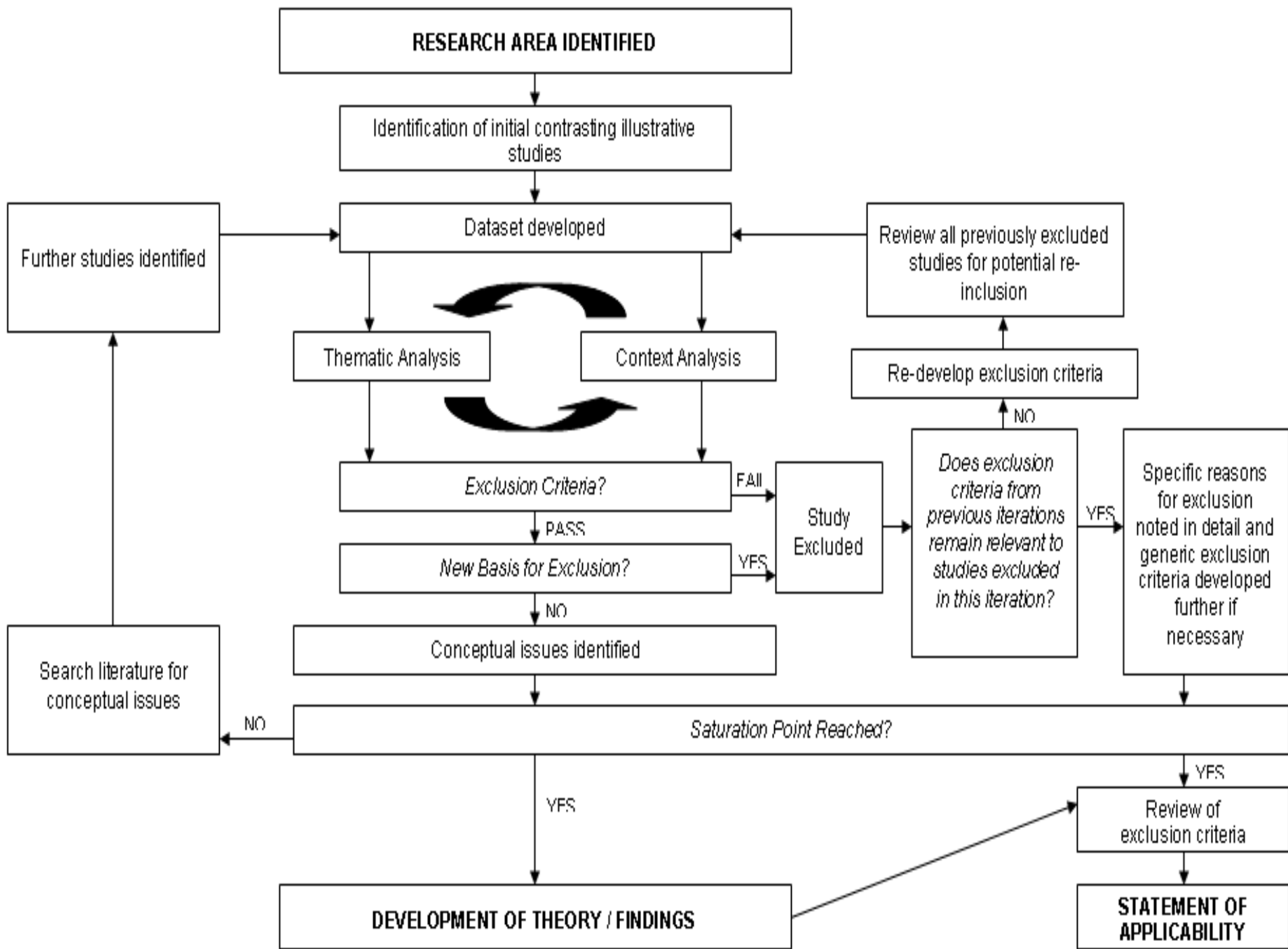
- ‘Given the involvement of the researcher in the research process, the question is not whether the data are biased, but to what extent has the researcher rendered transparent the processes by which data have been collected, analysed and presented’ (Popay et al, 1998, p. 348).

Overall Process

Fig 1 Stages of the review



Thomas, J. et al. *BMJ* 2004;328:1010-1012



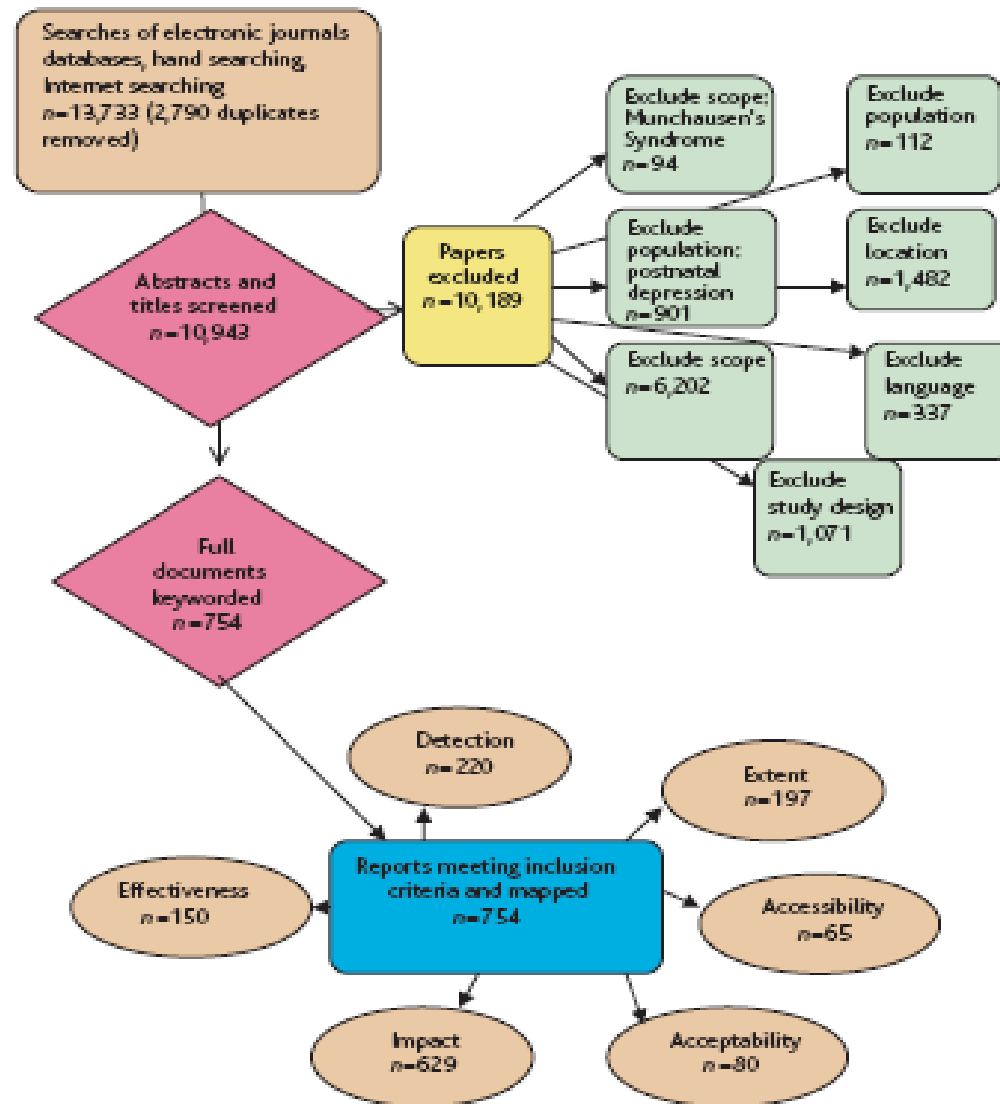
Search Process

Table 1. Final search criteria and search terms using the SPICE(S) tool

Setting	Perspective	Intervention	Comparison	Evaluation	Social science method
<i>Depression</i>	<i>Patient View</i>	<i>Antidepressants</i>	<i>GP and Patient views</i>	<i>Anti-depressant use over time</i>	<i>Qualitative</i>
Depression; Depressive disorder; Depress\$.tw.	Attitude to health; Patient satisfaction; Patient\$ adj3 views\$; Patient care; Patient Compliance; Patient acceptance of health care; Patient participation; Treatment refusal; Patient preference	Antidepressive agents; Antidepress\$.tw	Physician-patient relations	Communication; Decision making; Consultation.tw.	Qualitative research; Qualitative.tw.; Qualitative adj research; Grounded adj theory; Ethnograph\$; Qualitative adj studies; Interview\$; Focus groups; Nursing research.tw.; nursing research/ or nursing evaluation research/ or exp nursing methodology research/ Field studies; Ethnonursing research; Field studies.tw.; Fieldwork.tw.

Figure 2 demonstrates the flow of literature through the systematic map.

Figure 2
Flow of literature



Source: Adapted from EPPI-Centre (2004)

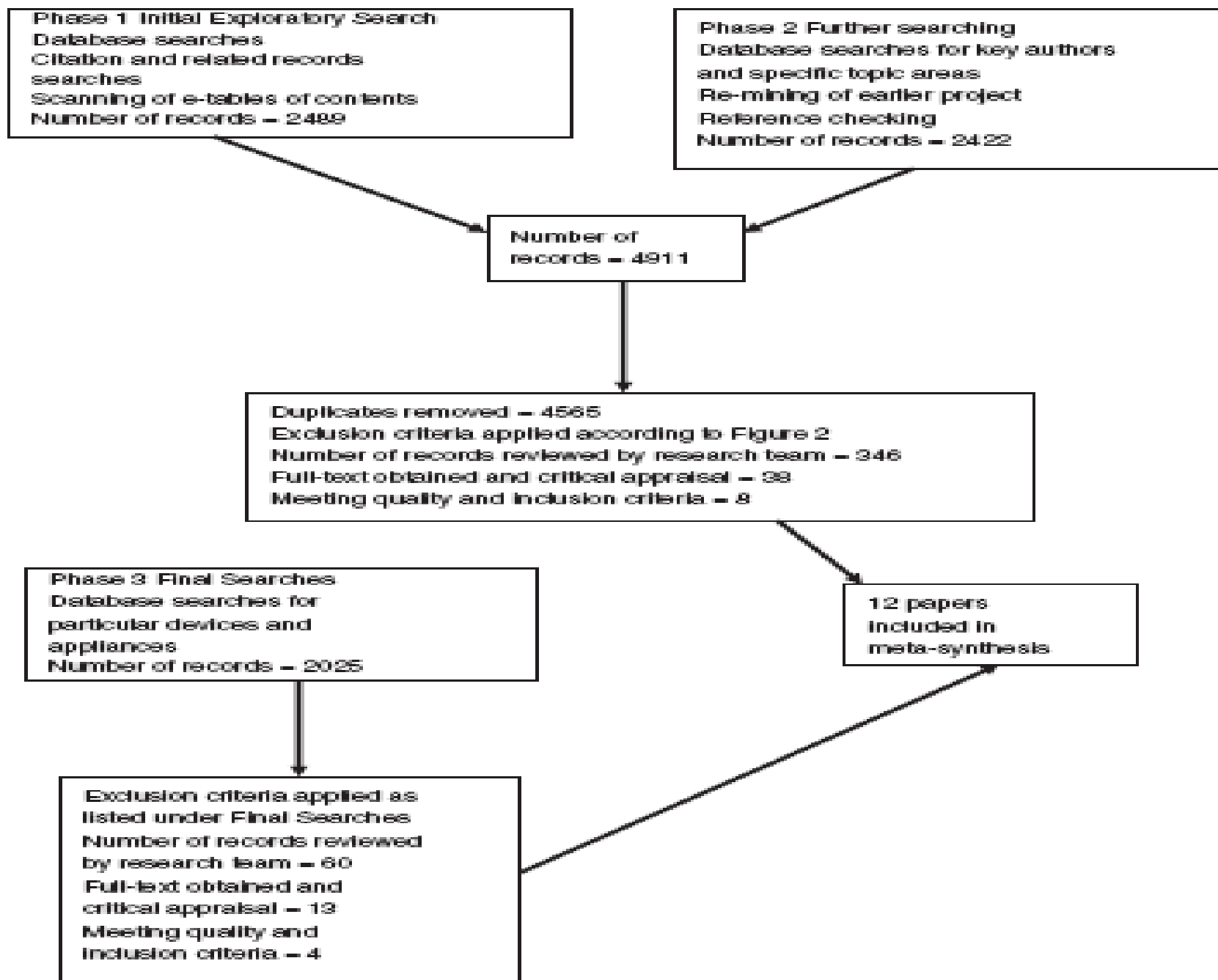


FIG. 2. Identification of relevant literature for inclusion in the meta-synthesis.

- Papers Identified using:**
- CINAHL
 - Medline
 - Sociological Abstracts
 - ISI Web of Knowledge Databases
 - PubMed
 - Hand Searching of Key Journals

Inclusion and Exclusion

- Papers Excluded if:**
- Paper focuses on children
 - Focus of paper only from carers perspective
 - Paper focuses on medication compliance
 - Paper focuses on health professional perspective
 - Paper focuses on an intervention
 - Paper uses mixed methods
 - Paper is a review of existing literature
 - Grey literature
 - Studies of mental health (chronic physical conditions only)
 - Paper presents qualitative data embedded in a randomised controlled trial
 - Qualitative methods are being used to develop measurement tools
 - Paper focuses on family adaptation to

- Papers Included if:**
- Sufficient evidence of data trail was provided
 - Paper included a health technology
 - Participants were individuals with a long physical health condition
 - The setting for use of health technology was the home
 - The research design was qualitative
 - The study was reported in English

FIG. 1. Inclusion and exclusion criteria for synthesis of patient adaptation to health technologies.

Synthesis

Table 4 – Definition of 1st, 2nd and 3rd order constructs, based on Noblit and Hare (1988)

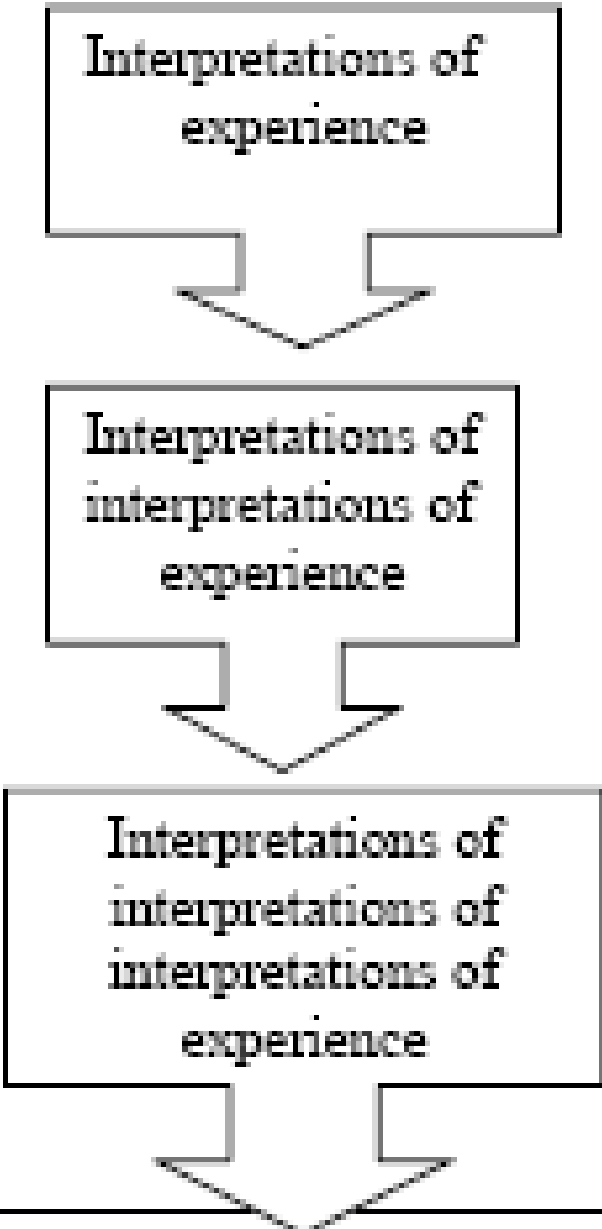
<p>First order constructs</p>	<p>Patients views, accounts and interpretations of their experiences of using anti-depressants</p>	 <pre> graph TD A[Interpretations of experience] --> B[Interpretations of interpretations of experience] B --> C[Interpretations of interpretations of interpretations of experience] </pre>
<p>Second order constructs</p>	<p>The authors views and interpretations (expressed in terms of themes and concepts) of patients views of antidepressant use.</p>	
<p>Third order constructs</p>	<p>The views and interpretations of the synthesis team, (expressed in terms of themes and key concepts)</p>	

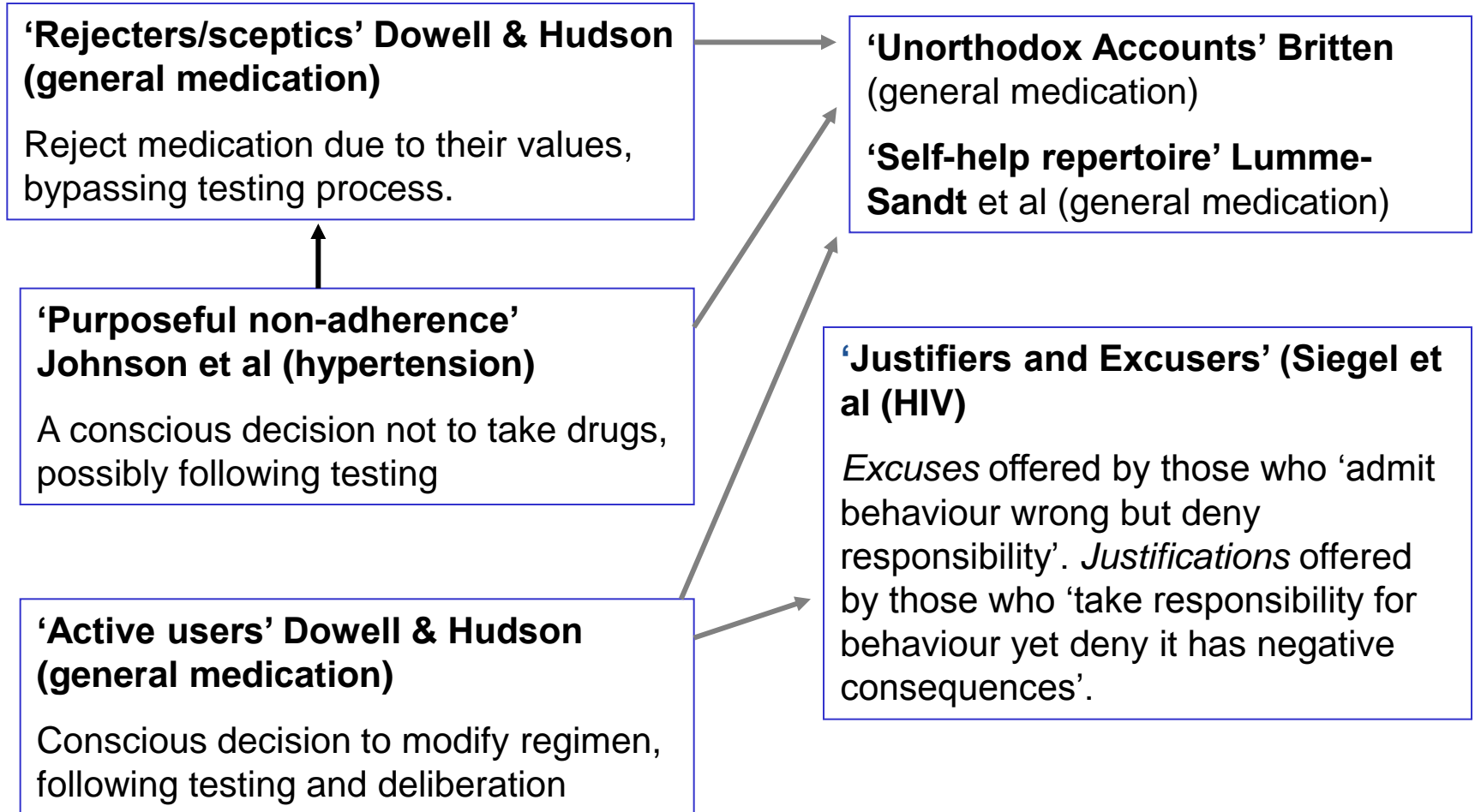
TABLE 2. *Main results from the meta-synthesis*

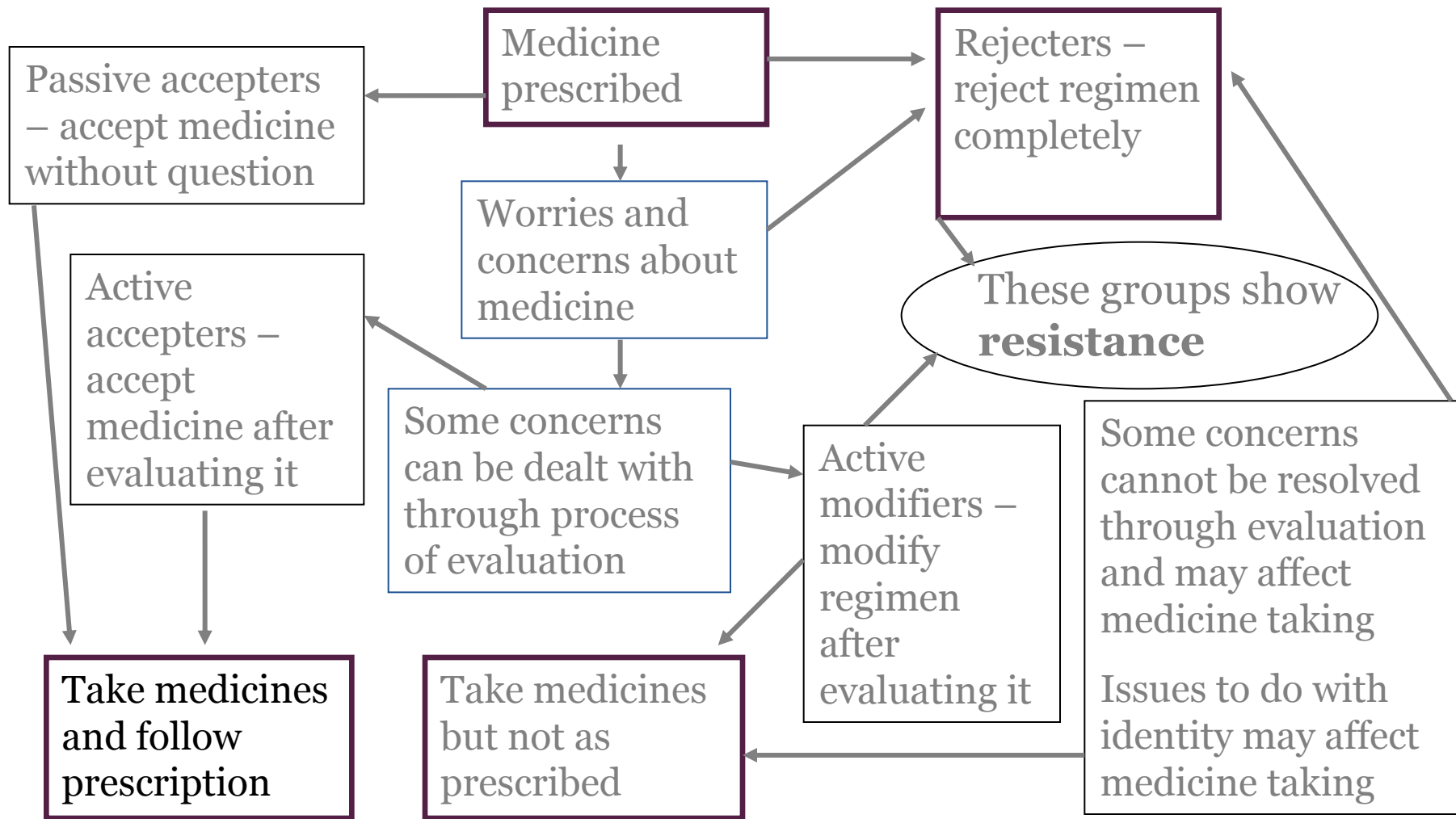
Synthesis of main findings	Line of argument synthesis
<p><i>Managing multiple uncertainties</i> Heightened awareness of health deteriorating Continuous feelings of uncertainty about the future New vulnerability to technological failure Living in hope of technological advances Technology imposed a routine that facilitated a sense of control and certainty</p>	<p>Adaptation, accommodation and integration of a technology are an extension of identifying and living life with a chronic condition.</p>
<p><i>The reconstruction of identity</i> Moral imperative to accept a technology Process of comprehension as to how technology will impact upon illness identity. Technology perceived as a signifier of illness Presumption that others will make inaccurate assumptions about the individual. Reconstruction of identity that retains a part of pre-illness identity</p>	<p>The integration of a technology or device into the user's life world can be viewed as an extension of existing 'illness work'</p>
<p><i>The struggle to remain autonomous while allowing dependence</i> Technology helped maintain some level of independence Devices permitted a greater sense of self-regulation Human qualities attached to the technology that aided engagement A new autonomy brought dependence on the technology and others Changes to relationships with health professionals experienced Health professional's views perceived to dominate</p>	<p>The introduction of a technology imposes a new time frame on the individual that must be adhered to, to meet the needs of the technology</p>
<p><i>Coming to terms with living a technology-assisted life</i> Integration involved a process of normalization New values and norms incorporated following the introduction of a technology Balance needed between illness regimen and daily life Alterations made to minimize intrusion</p>	<p>The introduction of a technology imposes a new time frame on the individual that must be adhered to, to meet the needs of the technology</p>
<p><i>Usability of devices</i> Acceptance linked to user competency and user friendliness of the device Usability linked to perceived simplicity, convenience and hygiene of the technology</p>	

Table 5 – Showing translation of 2nd order constructs and their arrangement in temporal sequence

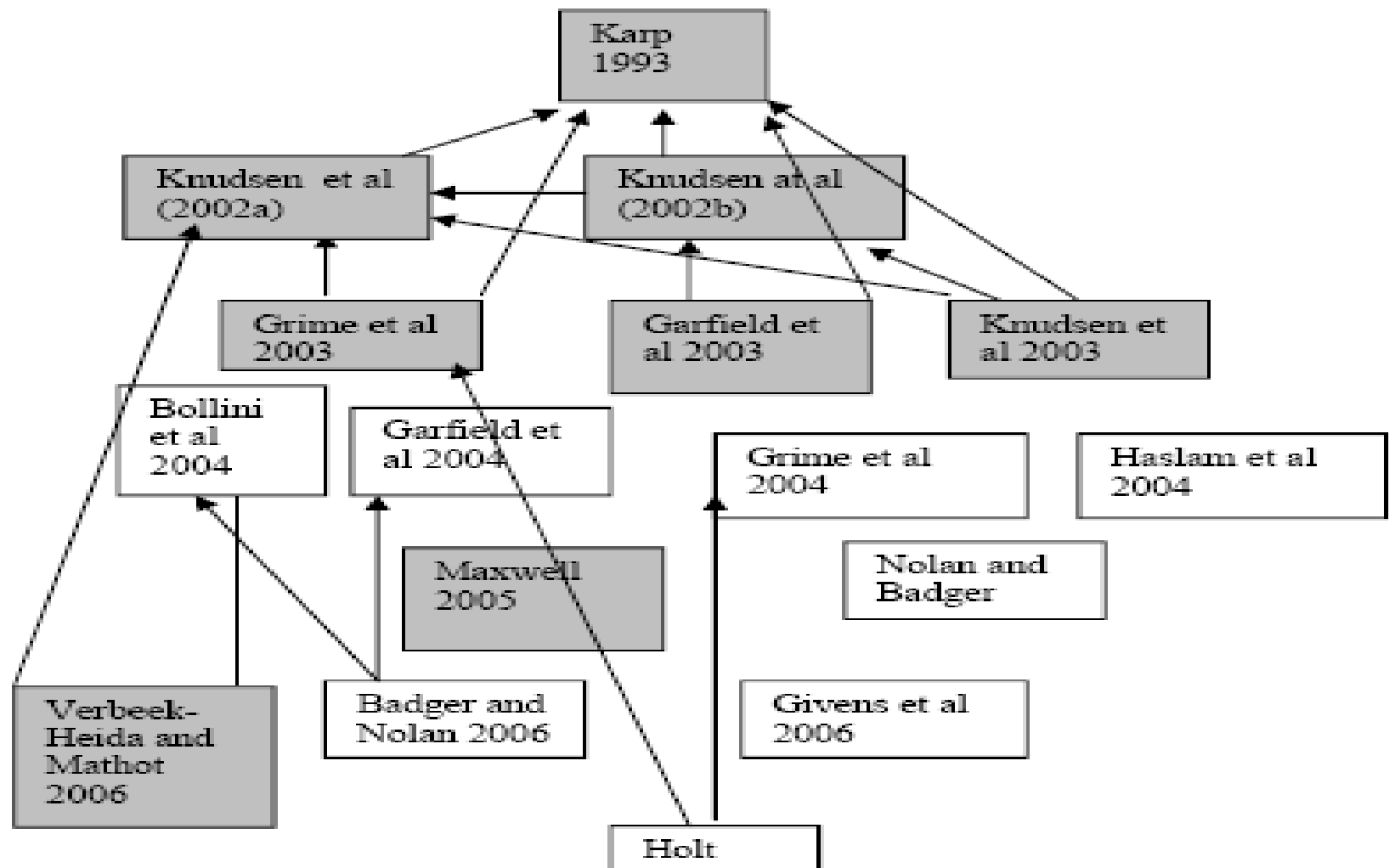
<i>GROUPS of 2nd Order</i>	<i>3rd ORDER CONSTRUCTS</i>	<i>Summary definition (translation) of the 3rd order construct</i>	<i>Papers that include the 2nd order construct (Figures in bold are papers that received at least one 'KP' rating)</i>
1. Conditions for seeking help	Distressed and needing help	Recognition that something is seriously wrong, AND that self-help is not working and experience of distress is beyond rational explanation.	1, 2, 3, 4, 10, 11, 12
	Duty to be well	Alignment with treatment goals to return to path of productive, self regulating citizenship.	2, 6, 9, 11, 15, 16
2. Triggers for help seeking	Role strain	Recognition that emotional state was effecting the functioning of relationships and ability to fulfil roles and take part in normal everyday social relationships .	2, 3, 4, 6, 10, 11
	Taking control	Feeling a loss of control and desiring to take back control	2, 3, 4, 12,
	Emotional strain	Felt guilt they had let themselves or others down. Feeling frustrated with self for 'failing' to cope, being 'weak' .	1, 2, 3, 6, 11, 12,
3. Barriers to accepting treatment	Stigma	Emotional disorders are perceived as 'stigmatised' . Resisting or rejecting antidepressants (AD) is a way of resisting categorisation as a mentally ill person.	1, 2, 3, 4, 5, 6, 7, 11, 12, 13, 16
	Fear of addiction	Long term use was associated with addiction so it was important to know expected treatment length. Low dosage preferred for same reasons.	1, 2, 4, 5, 8, 11, 12,
	Threat to natural self	AD seen as unnatural and leading to 'artificial unhappiness' that threatens 'real' personality.	1, 2, 4, 11, 12
	General resistance to medicine taking	Does not normally take medicines, even aspirin, and keen to portray themselves in this way in order to frame AD use as last resort. (Also true for patients with substance abuse history).	1, 3, 11, 14, 16
4. Paradox of biomedical model	AD Reduces stigma	Emotional illness conceived as physical deficiency of serotonin, so absolves individual of personal responsibility, over writing stereotype that depression results from personal weakness. Able to fulfil social roles and therefore 'normalising' .	1, 2, 3, 4, 5, 6, 9, 11, 12, 15,
	AD Doubles stigma	Prescription of AD experienced as a 'drastic event' , making the discredited (unseen illness) discreditable (seen), therefore doubling existing stigma associated with depression. AD created sense of normalcy (through fulfilling roles) but reduced inner sense of normalcy because taking AD not seen as 'normal' . Feared others' reactions.	1, 2, 3, 4, 5, 6, 8, 9, 11, 15
5. Factors	Threshold of	Desperation to feel better stronger than resistance to AD. Swallowing first pill seen as "swallowing will" and	1, 11, 13

Example of synthesising translations across illness groups





Map 1: How the articles in the synthesis reference and



Group 1: Papers whose main focus is the decision-making relationship



Indicates which papers reference each other



Group 2: Papers whose main focus is the meaning-making process

Watch This Space!

- David Moher and Colleagues are currently producing Book on Reporting Standards
- Cochrane Qualitative Methods Group currently contributing Chapter on Reporting of Qualitative Research
- Discussion Ongoing about Standards for Reporting Qualitative Evidence Syntheses